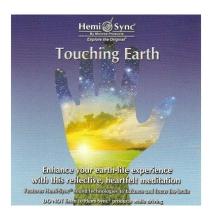
(LCN Connections Issue 6 - February 2013)

CD REVIEW: TOUCHING EARTH - PATTY RAY AVALON

Reviewed by Gwen Jones



Deepen your relationship with Earth by entering into a heartfelt meditation to reflect on and celebrate this planet we call home. With the aid of Hemi-Sync®, Patty Ray Avalon guides you to recall and feel gratitude for your exquisite earth-like experience, celebrate your connection in your heart, mind and spirit, and allow yourself to just be in quiet communion with all that is.

Patty Ray Avalon is a Residential and Outreach Facilitator for The Monroe Institute and has been serving TMI since 1998. She is also a professional artist and has shown her work in the World Bank in Washington, DC, the U.S. Botanical Gardens and The Mellon Foundation. Her artwork can be found on her website.

"Enjoy this journey that can strengthen your connection and discover a new relationship with our Earth."

Another title by Patty Ray Avalon is *The Creative Way with Hemi-Sync*®

